Once you discover the power of your thoughts, you can transform your life. Positive affirmations are more than just positive thoughts, they are life changing, inspirational nuggets of wisdom that will rewire your brain to be more productive, more genuine, and more powerful than ever before. Instead of asking, Why me? you will soon be exclaiming, Why not me? as you clearly see the positive lesson in every life experience. Self-development through positive thoughts and affirmations is about changing the way you react to reality. It is about optimizing your thoughts to reach your full potential and supercharging your motivation in order to live your best life. This audiobook will help you to: Create a habit for positive thinking Attract positive energy Place your thoughts on a higher frequency Rewire how you react to reality Live your best life Become your best self This audiobook also includes: Positive affirmations Uplifting music Inspiring nature sounds You are more in charge of your own life than you think. Once you exchange your old thought patterns for new, uplifting thoughts, it will be easy to see how quickly your life improves. The quality of your life and your standard of living is entirely up to you. This audiobook is intended to help you reach ultimate happiness by guiding your thoughts towards higher frequency thinking and attracting more abundance your way.

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