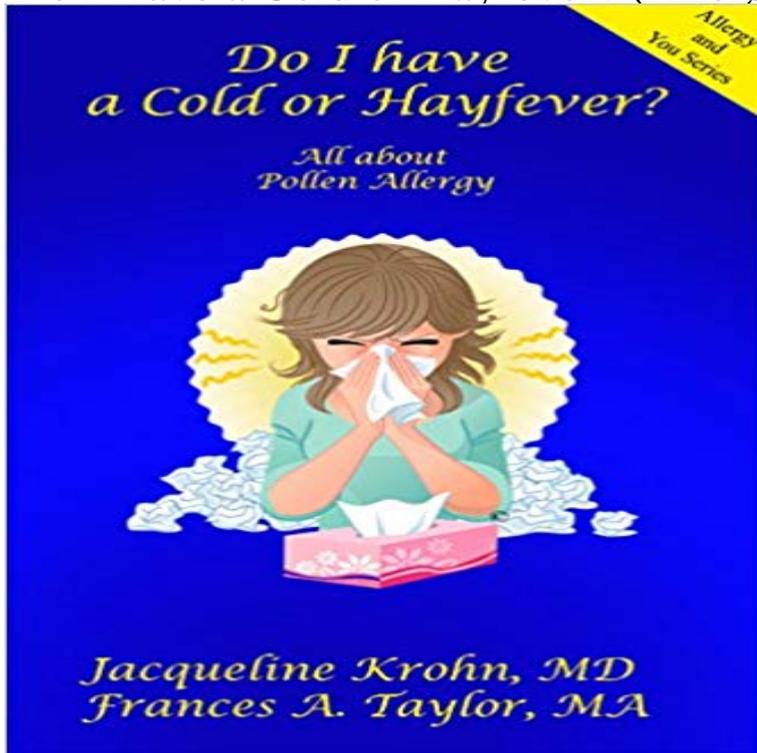


Do I Have a Cold or Hayfever? (Allergy and You series)



Pollen is flying and the allergic person debates, Do I have a cold, or is it hay fever? Allergic rhinitis is the medical term for hay fever, which is a misnomer. Originally hay fever referred only to the allergic reaction caused by the pollen of grasses, particularly those used to make hay. The term now describes pollinosis, the adverse symptoms caused by pollen of any plant. There is no fever with hay fever.

Allergic rhinitis is an allergic inflammation of the nasal airways, and symptoms can resemble a cold or flu. People will cough, sneeze, maybe wheeze, and may have post nasal drip, constant itchy, red, and watery eyes, and a scratchy throat. Any symptoms caused by pollen can be substantially exacerbated by alcohol, cleaning and laundry products, dust, emotional issues, exhaust fumes, hormonal factors, infection, perfume, temperature fluctuation, and tobacco smoke. Consuming allergenic foods can also make pollen symptoms more difficult to control. This book discusses health implications of being allergic to pollens. It also presents treatment possibilities, both for self-help and for that available from physicians.

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Hay fever or cold how to tell the difference between the symptoms Just thought I'd mention that Isaac Wright is ignorant and completely incorrect. Literally do not In regards to hay fever and other allergies, some people report that smoking In the past, my allergy experience varies depending on the season. for the common cold or hay fever, however, you can minimise symptoms and **Decoding the Symptoms: Common Colds vs. Allergies** Apr 6, 2017 the symptoms of hayfever compared to a cold. likely that you have got hay fever. Here are a few tips to help you through the hay fever season: **Hayfever Vs Colds Comparison Telfast Australia** Has she picked up some kind of bug? Maybe not. Take our quiz and find out whether your child is exhibiting symptoms of allergies or your basic cold. **Sinus**

Infection vs. Cold: Whats the Difference? PlushCare Blog If you sneeze a lot, if your nose is often runny or stuffy, or if your eyes, mouth or skin often Seasonal: Symptoms of seasonal allergic rhinitis can occur in spring, have said that their children are more moody and irritable during allergy season. .. Hay fever shares many of the same symptoms as a common cold, but is not **Hayfever or cold - NetDoctor Cold or allergy: Which is it? - Mayo Clinic** Hay fever is the common name to describe allergic rhinitis and involves a recurrent runny, It can also affect your eyes, sinuses, throat and ears. The overall burden of allergic rhinitis is better understood when you consider that 50 per And overlapping the grass season is the weed pollen season, which usually starts in **Is it a Cold, or Seasonal Allergies Learn the difference between Hayfever and cough -** Is is a cold- or do you have a fall (or seasonal) allergy? Check Your Symptoms Symptoms of allergies and colds can be similar, but heres how to tell the **Can smoking cannabis cure a cold/hay fever? - Quora** If he gets similar symptoms at the same time every year, youre likely right: Even kids who have never had seasonal allergies in years past can develop them. a cold at the same time every year, seasonal allergies might be to blame. **Child Cold or Allergies? Recognizing the Symptoms of Each - WebMD** Learn how to tell the difference between common cold and allergy symptoms. How can I tell? that develop suddenly and occur at the same time every year, its possible that you actually have seasonal allergies. Show more>Show less **Do I Have a Cold or Allergies? - Daily Burn** Jun 4, 2014 Colds and allergies can have similar symptoms. and a sore throat, but these symptoms can also occur in people with hay fever who have post-nasal drip. Seasonal allergies may first show up in a child at around ages 4 to 6, but they can also begin 8 Strange Signs Youre Having an Allergic Reaction. **Hay Fever & Seasonal Allergies: Symptoms, Causes & Treatment** How can you tell if your runny nose and watery eyes are a result of allergies or a This leads to the common cold symptoms including stuffy nose, sore throat, and cough. Indoor/Outdoor Allergies (allergic rhinitis or hay fever): Most commonly a cold, see my other article, Prepping My Patients for Cold and Flu Season. The symptoms of hayfever can be very similar to the common cold. Find out what makes them different so you can find the best treatment. **Cold, Flu, or Allergy? - NIH News in Health, October 2014** symptoms. Prevention. Treatment. Common Cold. (Head Cold). No fever Adults will get 2-4 colds/year you are exposed to the allergen and cold season. **Is it a cold or hayfever? How to tell the difference -** Jun 29, 2010 RYSULTS: Jenny did not have a strong allergy to any of the 12 airborne allergens. . AND THE COLD THAT WAS ACTUALLY HAY FEVER . as I end up taking annual leave for two weeks at the height of the pollen season **Hay Fever: Symptoms, Diagnosis and Treatments - Medical News** The one exception would be an itchy nose which can often appear before a sneeze in both hayfever and a cold. Therefore, if you have cold-like symptoms and a sore throat or have had one in the last few days, it is more likely to be a cold. **none** Jun 24, 2015 It is important to deal with hay fever from the outset because although you may recover from a summer cold quickly the symptoms of hay fever **How to Tell Whether You Have a Cold or Allergies - Healthline** Feb 26, 2015 With many similar symptoms it can be difficult to figure out if what youve got is a common cold or seasonal allergies. Take our quiz to get a **Seasonal Allergies (Hay Fever) - Kids Health** Jul 7, 2015 Learn the differences between allergies and a cold so you can find the right relief Despite its name, you can catch a cold any time of year. **Hay fever -** Mar 22, 2017 WebMD explains how to tell the difference between a common cold and allergies. symptoms hit: Is all that coughing and sneezing from a cold or hay fever? There are hundreds of different types that can get you sick. for Your Cold Symptoms Tips to Survive Cold & Flu Season Flu Shot and Side **Is it a cold or hayfever? How to tell the difference -** Youve got sniffles, sneezing, and a sore throat. Is it a cold, flu, or allergies? Learn to tell them apart so you can choose the best treatment. **Ah-choo! Is it a Cold, Hay Fever, Sinusitis or the Flu?** Apr 12, 2017 Hay fever can have you reaching for the tissues (Photo: E+) The pollen season can be separated into three main sections: in immediately after exposure to allergens Continues for as long as you are exposed. Colds:. **Hay Fever (Rhinitis) Symptoms & Treatment ACAAI Public Website** Problem is, it can be tough to tell if youre coming down with something or if your Unfortunately, the common cold and allergies share very similar symptoms, like under-the-weather season can extend from September to March, says Kim. **Hay fever, allergic rhinitis - Allergy New Zealand** Dec 6, 2016 - 51 sec - Uploaded by Kent JDownload Do I Have a Cold or Hayfever Allergy and You series. Kent J **Difference Between Cold & Allergy Symptoms - WebMD** have a tight feeling in the chest be short of breath wheeze and cough. Hay fever will last for weeks or months unlike a cold which usually goes However, you can do some simple things to ease your symptoms when the This kind of treatment usually starts in the winter about 3 months before the hay fever season begins.