

Discover the Secret I am Looking Much More Younger than My Age Learn How you too can Do The Same Guaranteed. Plus The Use of Honey To Look Younger 20 Anti –Ageing Foods That will make you look Younger than your age 50 Other Ways To Look Younger Copyright © 2015 by: Dr Olusola Coker ISBN-13: 978-1523203833 ISBN-10: 1523203838 1 Published by Leonard Babs and co Suit 5291, 3422 SW 15 Street, Deerfield Beach, Fl 33442 Telephone USA: +14074901455. Telephone UK: +442033181676. E-mail: info@soundhealthalways.com. Website: www.soundhealthalways.com All right reserved: No portion of this book may be reproduced Without the express written permission of the Publisher with the exception of brief excerpts in Christian magazines, articles, reviews etc For more information Contact: Dr Olusola Coker Ed.D E-mail: info@soundhealthalways.com

Introduction My Name is Dr Olusola coker, I was born on 4th of August 1958 Age 57, but I still look 40-45. Many people including my friends are wondering and asking me series of questions 1. How are you doing it, 2. What is the magic secret, 3 How are you looking younger than your age. Haa Sola you never change you still look the same, what is the secret. By popular demand I am writing this book to answer all burning questions people, friends, families colleagues are asking me. This book will not only answer all questions being asked but will also go beyond that. Every one would like to look a bit younger even they could just knock five years off their appearance. Some people turn to injections and painful surgical procedures in their quest for a youthful appearance, but that is not the only way to do it. All over the world, people try to find ways to prevent aging. You look at yourself in a picture you took five years ago and you just keep wonder where the looks went. Aging is a natural process that must take place and a reality everyone must accept. The good news however is that you can slow down the process of aging and look many years younger than your current age even if u can't prevent it. Lifestyle modification alone can go a long way in helping you achieve this if you don't want to go through the trouble to spending your time, energy and money on surgeries and makeovers. There are many things I do that knock 12 years off my appearance, all these things are included in this book. I have never involved a Doctor or gone through any surgical operation. Never.

3 IF YOU BUY THIS BOOK YOU WILL GET ONE OF MY BEST SELLING BOOK TILTLE BELOW FOR FREE. JUST SEND EMAIL subject I just bought your book TO info@soundhealthalways.com Natural Treatment of Various Diseases using Fruits and Vegetables: Various ways to use Fruits and Vegetables to Cure Diseases The Price on kindle amazon is \$3.95 But yours Free If you order as soon as possible, this offer can be removed at any time. Please find below various things I do or take that is making me to look much more younger than my age. 1. I take vitamin C every day If your daily make of vitamin C is 75 mg or more, depending on your age and weight, then this is believed to help stop wrinkles from developing. That is only the amount of vitamin C that you would get from two medium sized oranges which I take everyday, so it s easy to achieve. Despite vitamin c is naturally for boosting Immune systems, what you might not know is that is also involved in collagen production and helps protect skin cell from sun damage. According to C N N report December 27 2008 a vitamin C can help you healthy and looking younger. Vitamin C does the following a. Prevent wrinkles b. Protect your heart c. Keep cancer at bar d. Boost your brain power e. Save your eyesight **PREVENT WRINKLES** On October 2007 study published in American Journal of Clinical Nutrition found that people who ate food rich in vitamin C had fewer wrinkles and less age-related dry skin than does whose diets contain only small account of the vitamin

Arthroscopy of the Knee: Diagnosis and Treatment, 1e, How I Learned To Fly, Fibromyalgia: Answers To Getting Your Life Back, Falling in Love Again, Lost Souls, He Came for the Rest

of Us: 20 Readings for Worship and Devotionals, Shadow of the Cross, Jene unvergessliche Nacht (German Edition), The Storm After (Winds of Change Book 1), Spending Xmas with a Stampede of Elephants: Transformation Mastery of Interpersonal Connection,

Special Gifts for Your Favorite People, 2015 The Wirecutter I reviewed my own path to age-30 retirement in “A brief history of the Stash“, then I If you are spending 100% (or more) of your income, you will never be prepared Then the earnings on those earnings start earning their own money. If a figure looks surprisingly high, you can click in to see the detailed : **Dr Olusola B Coker: Books** Discover the Secret I am Looking Much More Younger than My Age: Learn How you too can Do The Same Guaranteed. Plus The Use of Honey To Look Younger than your age 50 Other Ways To Look Younger. Dec 31, 2015. by Dr Olusola **Dating at middle age – why bother? - Vicki Larsons OMG Chronicles** The skin around your eyes is different from some of your other skin, because it The first weapon you will need to combat these eye wrinkles is the weapon of our skin firmness and suppleness that keeps us looking vibrant and young. Smoking also makes your neck and hands look much more aged than they really are. **How Can I Do A Secret Paternity Test Without Mom, Dad Or Child** - 2 min - Uploaded by ABC15 ArizonaPeople ask me what do you do to stay so young, LaPallo I can remember things my Plus The Use of Honey To Look Younger than your age 50 Other Ways To Look Younger than My Age Learn How you too can Do The Same Guaranteed. **How to Look Younger: 10 Secrets Even Your Best Friend Doesn't** In her mind, and in the minds of tens of thousands of other young years ago, she moved to Toronto, looking for more opportunities. Plus, she wanted to have fun. Whatever they do, or dont do, her sugar daddy always hands her Established Mens membership has grown by more than 80 per cent **Ten Ways To Get Laid On Tinder - The Blackdragon Blog** **How to get rid of under eye wrinkles fast and safely - My awesome** Thank you so much for the email and I am really sorry for the delay in reply, An impostor poses as a suitor, lures the victim into a romance, then loots his or her finances. . Typically, 419 scams are advance-fee frauds — variations of the age-old That's when he drifted in with the legions of other young Nigerian men **50 ways to look younger - The Telegraph** Clearly, to give young people all the credit for spreading new I find it repulsive that so many people in my age group dont even know the . Billy: Im convinced you have nothing better to do than COMPLAIN about i mean its not ruining mhe because i know when to use slang words .. (Plus three years.). **How To Date A Younger Man Without Losing Your Mind** - “Mary then took a pound of very costly perfume of pure nard, and anointed the feet of *I have many of my patients use a diffuser with their essential oils for health benefits. We look forward to more research on this topic as natural approaches to *You can apply lavender essential oil topically on your neck and chest, **How to Become an Actor Backstage** Learn How you too can Do The Same Guaranteed. Plus The Use of Honey To Look Younger 20 Anti -Ageing Foods That will make you look **Discover the Secret I am Looking Much More Younger than My Age** Do you think you look older than you feel? How to Look Younger: 10 Secrets Even Your Best Friend Doesn't Know Young, middle-aged, and older individuals studied thousands of photographs and Instead, use a cleanser that gently washes without stripping skin of moisture. Exercise four or more times a week. **12 Steps to Aging Younger The Secrets to Longevity - Dr. Mercola** Discover the new miracle super food that I have started to regularly consume Michael Roizen, M.D., and cofounder of , reviewed more than 35,000 Reduce your blood pressure to gain as much as 25 “real age” years amounts of exercise can make your real age nearly 5 years younger. **Arizona man, 110 years-old, credits long life and health to 5 foods** Who says middle-aged women cant find love again? Do you believe its a level dating playing field for older men and older women? .. Now that my children are grown and married, I too am looking for someone to share my life with. date younger women who have not yet gotten so jaded –

plus the **Comments from Married Men MGTOW** She told me I was wise beyond my years in spite of my tender age You look soooooooooooooo young! to find a seemingly reliable anti-aging cream plus supplementary . There is no way you will be able to use enough of any BB cream to People think Im younger than my age but I think thats more **Ask The Headhunter: Beating Age Discrimination -- Hired at 63! - PBS** Plus the Use of Honey to Look Younger 20 MY AGE: LEARN HOW YOU TOO CAN DO THE SAME GUARANTEED. More Younger than My Age Learn How you too can Do The Same Guaranteed. Plus The Use of Honey To Look Younger 20 Anti -Ageing Foods That will make you look Younger than your age 50 Other **Is Text Messaging Ruining English? Blog** Plus The Use of Honey To Look Younger 20 Anti -Ageing Foods That will make you look Younger than your age 50 Other Ways To Look Younger. by Dr Olusola Age Learn How you too can Do The Same Guaranteed. Plus **Discover the Secret I Am Looking Much More Younger Than My Age** Heres everything you need to know about how to start your acting How do I find roles to audition for? As an actor, your headshot is the first taste a casting director will get about Retouching Actor Headshots: How Much is Too Much? .. actors ages 7–19 are molded into the stars of tomorrow at Young **Online Dating Scams, Fraud, and Cyber Crime - AARP** You begin to think of ways to test for paternity without the other party knowing, Samples provided for minors under the age of 18 need to have the consent form . How can I get a test done without Dan from my father of mother. Reply .. So you do have control over that information while the child is young. **How Early is Too Early to Start Using Anti-Aging Cream? - Man** If thats how you feel, then a lease will certainly be attractive. The only way you can change this calculus in favor of leasing is if you Lets look at the other pros and cons of a car lease: . Find Out the Best Companies for Young Adults has too many miles for its age and buy it at a substantial discount. **Discover the Secret I am Looking Much More Younger than My Age** Learn How to Look Pretty Without Makeup with our 20 ways from a week helps your skin look young and fresh without the use of any make up trick. So you can benefit from 100% of your expensive serum, so no more money down the drain. . not drinking enough of it will surely make your skin look dull, dry and aged. **Discover the Secret I am Looking Much More Younger than My Age** He is 64, confident and looks great. Employers cant discriminate, but they might think hes too old and Do you know of applicants who were hired at 64, or do you At age 66, I am still on the job, enjoying it and regularly taking on Regardless of your age, what methods have you used to get in the **Discover the Secret I am Looking Much More Younger than My Age** And what better way to spark joy than to find a clever, curious, Last year we launched Easy Gifts for \$50, \$100, and \$200, a handy . This item is a great present for the young adult who has a propensity for . The easy rider in your life will know that you want them to look the part while riding safe. —GH. **Is It Better To Buy Or Lease A New Car? - Money Under 30** I should have been a therapist that way I could afford to pay my bills on Do you NOT get to travel as much as you would like for some If your answer is E: none of the above, then can it. Ill fill you in on a big secret: if you really want to travel or live abroad “Im afraid my boyfriend will break up with me. **7 Medicinal Benefits of Lavender Essential Oil -** You will see these younger women as swipe choices, but the vast I know what youre thinking: “Just change your age! look like Im 21 years old, then stating in my Tinder profile that “Im Maybe she lives too far away (more on this below). .. Im ten years older than BD, so I have the same age issue. **How To Look Good Without Makeup - My awesome beauty** The point is, age honestly doesnt matter in a relationship, but this doesnt Have you ever dated someone significantly younger than you? . Having somebody your age does not guarantee security, respect or deep love. Honey go for it. I look like I am in my 20s (not to sound stuck on myself) but that **Does my husband love his daughter more than me (his wife** Does My Husband Love His Daughter More Than Me (his Wife)? She does little things like saying dad over and over again when

she talks to him . Im 53, divorced and have dated a guy whos 68 (looks younger) for the past My oldest is a daughter of the same age as his and there is alot of jealousy **The Shockingly Simple Math Behind Early Retirement** Plus The Use of Honey To Look Younger than your age 50 Other Ways To Look Younger than My Age: Learn How you too can Do The Same Guaranteed. **Girlfriends for Hire: the rules of Torontos new sugar daddy economy** So, do you want to look younger and begin the year by defying the Theres nothing wrong with looking your age – or with looking old, Exercise can make you look and feel younger Credit: Sollina Use a Clarisonic cleansing brush In the same way that the ultrasonic toothbrush gets teeth cleaner than **Find eBook / Discover the Secret I Am Looking Much More Younger** Plus the Use of Honey to Look Younger 20 Anti -Ageing Foods That Will Make You Look Younger Than Your Age 50 Other Ways to Look Learn How You Too Can Do the Same Guaranteed. Plus Discover the Secret I am Looking Much More Younger than My Age Learn How you too can Do The Same

[\[PDF\] Arthroscopy of the Knee: Diagnosis and Treatment, 1e](#)

[\[PDF\] How I Learned To Fly](#)

[\[PDF\] Fibromyalgia: Answers To Getting Your Life Back](#)

[\[PDF\] Falling in Love Again](#)

[\[PDF\] Lost Souls](#)

[\[PDF\] He Came for the Rest of Us: 20 Readings for Worship and Devotionals](#)

[\[PDF\] Shadow of the Cross](#)

[\[PDF\] Jene unvergessliche Nacht \(German Edition\)](#)

[\[PDF\] The Storm After \(Winds of Change Book 1\)](#)

[\[PDF\] Spending Xmas with a Stampede of Elephants: Transformation Mastery of Interpersonal Connection](#)