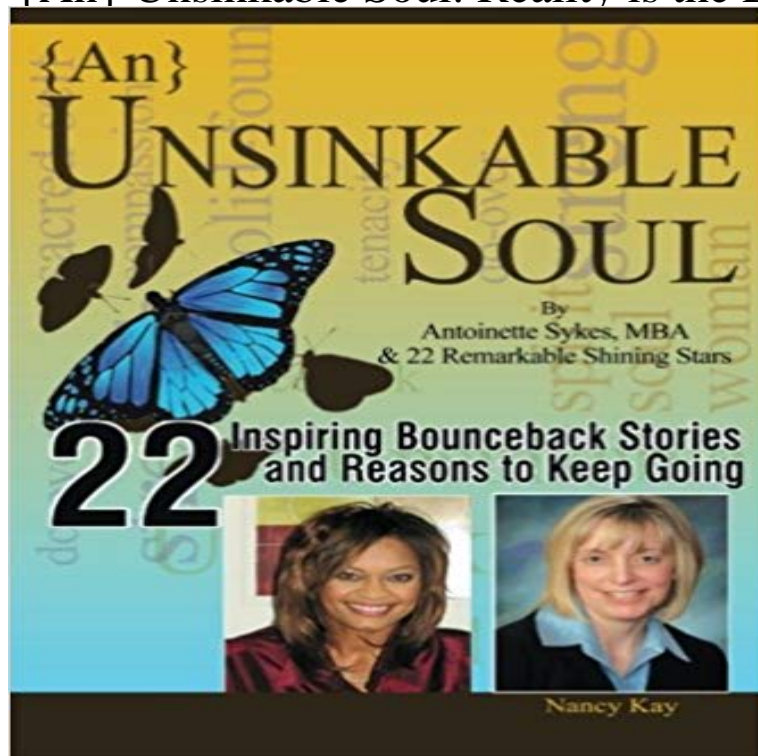


{An} Unsinkable Soul: Reality is the Leading Cause of Stress



Are you involved with another woman? As I looked straight into my husbands eyes- the husband I trusted to keep us safe- I held my breath... Do you remember a specific moment in your life when everything changed? When the life you thought you were living abruptly took a sharp curve? In {An Unsinkable Soul} readers will look deep inside the lives of 22 courageous women who share their incredible pain, frustrations and fears as they struggled to deal with the unexpected storms that turned their lives completely upside down. Each womans personal journey in {An Unsinkable Soul} provides readers with encouragement, wisdom and specific steps to take right now to move forward with more confidence and resilience. Although we cannot control what unexpected things are thrown our way in life, readers can greatly benefit from the wisdom and insights in {An Unsinkable Soul} to gain more inner fortitude and explore their lifes true purpose. Reality is the Leading Cause of Stress. shares the story of what it is like to re-enter the job market at age 45 following a life-altering divorce with kids and no recent career experience to fall back on. After struggling with the overcrowded job market for several years, becoming an entrepreneur lead to amazing possibilities that I had no idea existed.

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